

Module 5 Background Information – Peer-to-Peer Skills

A peer-to-peer relationship is any relationship between people of the same _____ or _____.

This relationship can include classmates, teammates, and even _____.

The list below includes common socio-cognitive challenges seen in children with PWS that may directly affect their ability to make and maintain friendships.

- Difficulties with social cues
- Difficulty communicating effectively
- Difficulty understanding the perspective of others
- Emotional dysregulation
- Behavioral rigidity

Helping Your Child Build Relationships:

1. Coach appropriate _____. Helping children identify, monitor, and evaluate their emotional reactions helps to build positive relationships, especially among siblings. This can be practiced by playing through _____ situations.
2. Create _____ opportunities for play and _____. When practicing these skills, it is important to make sure a child is energized, motivated, and comfortable in their environment. It is important to _____ situations that may be exhausting, overwhelming, or overstimulating.
3. Use play to _____ how a peer would act. Oftentimes, adults are patient and accommodating when playing with children, however, the same rules do not often apply with a child's peers. Building in twists and turns helps a child to practice flexibility and compromise. Use positive reinforcement when trying these new skills.
4. _____ conflict-resolution. You can model conflict-resolution skills, such as taking deep breaths, during a play story.

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5. Think twice before _____. Letting a small issue play out between a peer allows a child to practice conflict-resolution and emotional regulation skills on their own.

Congratulations! You have completed all Modules of the PRETEND Program for Parents!